



BREVARD County
Parks & Recreation Department
South Area Parks Operations

Public Information Release

Brandy Dingley
Community Center Coordinator
321-952-3210
Brandy.Dingley@brevardparks.com

FOR IMMEDIATE RELEASE
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Walking Club Offered at South Beach Community Center

MELBOURNE BEACH, Fla. – Brevard County Parks and Recreation is now offering a Young at Heart Walking Club at South Beach Community Center, located at 500 Old Florida Trail, in Melbourne Beach. The club meets Tuesday and Thursday from 10 a.m. to 11 a.m. and is free of charge.

Participants will enjoy making new friends and promoting a healthy lifestyle with the new Young at Heart Walking Club, integrated with warm-ups, stretching and more. All programs are supervised by Brevard County Parks and Recreation staff.

For more information or to pre-register, please call South Beach Community Center at 321-952-3210.

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